



Date: _____

Name of School: _____

Grade: 3 4 5 6 7 8 9 10 11 12

Classroom: A B C D E F G H I J K

You will find questions in this booklet about your life in school. There are several answers next to each question. Answer each question by filling in the circle next to the answer that best describes how you think or feel. In question 1 below, if you really dislike school, fill in the circle next to "I dislike school very much." If you really like school, fill in the circle next to "I like school very much," and so on. **Fill in only one of the circles for each question.** Try to keep your marks inside of the circle.

Now, fill in the circle next to the answer that best describes how you feel about school.

1. How do you like school?

- I dislike school very much
- I dislike school
- I neither like nor dislike school
- I like school
- I like school very much

If you **fill in the wrong circle**, you can change your answer like this: Put an "X" through the wrong circle  and then fill in the circle where you want your answer to be.

Do not put your name on this booklet. No one will know how you have answered these questions. But it is important that you answer carefully and tell how you really feel. Sometimes it is hard to decide what to answer, but just try to give your best answer. If you have questions, raise your hand.

Most of the questions are about **your life in school in the past couple of months, that is, the period from the start of school after summer (winter) holiday vacation until now.** So when you answer, you should think of how it has been during the past 2 or 3 months and **not only how it is just now.**

2. Are you a boy or a girl?

- Girl
- Boy

3. How many good friends do you have in your class(es)?

- None
- I have 1 good friend in my class(es)
- I have 2 or 3 good friends in my class(es)
- I have 4 or 5 good friends in my class(es)
- I have 6 or more good friends in my class(es)

About being bullied by other students

Here are some questions about being bullied by other students. First we explain what bullying is. We say a **student is being bullied when another student, or several other students**

- say mean and hurtful things, or make fun of him or her, or call him or her mean and hurtful names
- completely ignore or exclude him or her from their group of friends or leave him or her out of things on purpose
- hit, kick, push, shove around, or lock him or her inside a room
- tell lies or spread false rumors about him or her or send mean notes and try to make other students dislike him or her
- and do other hurtful things like that

When we talk about bullying, these things happen **more than just once**, and **it is difficult for the student being bullied to defend himself or herself**. We also call it bullying when a student is teased more than just once in a mean and hurtful way.

But we **do not call it bullying** when the teasing is done in a friendly and playful way. Also, it is not bullying when two students of about equal strength or power argue or fight.

4. How often have you **been bullied at school in the past couple of months?**

- I have not been bullied at school in the past couple of months
- It has only happened once or twice
- 2 or 3 times a month
- About once a week
- Several times a week

Have you been bullied at school in the past couple of months in one or more of the following ways (questions 5–13)?

5. I was called mean names, was made fun of, or teased in a hurtful way.

- It has not happened to me in the past couple of months
- Only once or twice
- 2 or 3 times a month
- About once a week
- Several times a week